



2011 **Annual** Report



AcupunctureReliefProject



Letter from the President

Dear Volunteers, Donors and Supporters,

On behalf of myself and our Board of Directors, I thank you for your interest in this project. With the help of our partners, **Vajra Varahi Clinic** and the **Chokgyur Lingpa Foundation**, we continue to provide extremely effective and cost efficient care in Nepal.

In 2011 our **Third World Medicine Immersion Program** was a great success with twelve volunteers serving at the Vajra Varahi clinic. These volunteers worked six days a week not only providing care to patients but also participating in over 40 hours of continuing education focusing on improving their skills in case evaluation, treatment planning and patient progression. Upon completion of their course, each practitioner presented a case study for peer review. These case studies help us analyze the efficacy of our clinic efforts and contribute to a body of evidence that supports our overall project model. We are now in the process of compiling these case studies to share with our extended Oriental Medicine community. For their participation in this course, volunteer practitioners received 40 Professional Development Activity (PDA) credits from the National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM).

Acupuncture Relief Project also conducted a Patient Reported Outcome Measures (PROM) research study during the Fall and Winter 2011/2012. The purpose of the research was dual purpose. First to collect demographic and efficacy information from our patients. Second to provide a tool for our practitioners to help guide them in their treatment planning, evaluations and prognosis as they learned to work with their interpreters and adapt to treating in a foreign environment. Since my return from Nepal this year, I have been mentoring a group of graduate students from the Oregon College of Oriental Medicine to compile and analyze this data. Currently we are working on writing the research paper and seeking approval from the Independent Review Board (IRB) to publish our findings.

As the quality of our clinic operations continues to mature we are increasing our focus to solving our greatest sustainability challenge which is to train local Nepali practitioners in acupuncture. In 2011, we fully funded a scholarship for one student only to be setback as the only Oriental Medicine school in Nepal became defunct. We have now adopted a mentorship approach for two students and I personally conducted over 100 hours of training during my stay last fall. We are also exploring the possibility of sponsoring a student to study in the US, Canada, Australia or China. Currently our major obstacle is a lack of legitimate accreditation and licensure in Nepal. Obviously this issue will be on our list for awhile.

On a financial note, we have definitely felt the strain of higher fuel prices reflected in the cost of air travel. We take these expenses very seriously and do our best to factor this into the cost per treatment when evaluating our efficacy and sustainability measures. Our organizational board of directors, officers and team facilitators are not compensated and volunteer many weeks (if not months) of their time every year. We feel we are maintaining an absolute minimum administrative footprint as we provide services to thousands of patients, jobs to our interpreting staff and a unique developmental experience for our practitioners.

If you have any questions about this financial report or would like to find out how you can help, please contact me at Andrew@AcupunctureReliefProject.org

Best regards,

Andrew Schlabach

President, Acupuncture Relief Project



Balance Sheet

December 31, 2011

Assets

Cash On Hand	
Checking Account	\$11,147.27
PayPal Account	\$469.78
Total Cash On Hand	\$11,617.05

Other Assets	
Scholarship Fund	\$2,062.25
Total Other Assets	\$2,062.25

Total Assets \$13,679.30

Liabilities

Total Liabilities \$0.00

Equity

Beginning Capital	\$14,126.63
Current Year Earnings	\$(447.33)
Total Equity	\$13,697.30

Total Liability & Equity \$13,679.30

Profit and Loss Statement

January 01, 2011 – December 31, 2011

Income

Application Fees	\$455.00
Cash Donations	\$43,249.22
Like-kind Donations*	\$4879.06

Total Income \$48,583.28

Expenses

General & Administrative Expenses

Legal & Professional Fees	\$55.00
Board/Supervisor Meeting Costs	\$56.45
Licenses & related fees	\$70.00
Bank Charges	\$65.00
Bankcard fees	\$679.15
Internet Hosting	\$120.00
Telephone	\$380.00
Office Supplies	\$527.27
Research Project	1009.53
Postage & Shipping	\$131.00
Dues & Subscriptions	\$55.00
Printing	\$811.47

Total Administrative Expenses \$3,959.87

Travel Expenses

Promotional and Educational Events	\$990.47
Travel to Nepal	\$16,345.29
Entry Visa Fees	\$800.00
Practitioner Support in Nepal	\$8,976.59

Total Travel Expenses \$27,112.35

Operating Expenses

Clinic Expense*	\$4,875.61
Interpreter Salary	\$5,500.00
Treatment Supplies*	\$7,582.78

Total Clinic Operating Expenses \$17,958.39

Total Expenses \$49,030.61

Operating Profit (Loss) (\$447.33)

*Includes value of donations and discounts for treatment supplies and Chinese herbs received by Acupuncture Relief Project





Boards of Directors



Andrew Schlabach EAMP
President



Leith Nippes LAc



Sheri Barrows
Secretary, Treasurer

Acupuncture Relief Project is a registered 501(c)3 non-profit organization located in Vancouver Washington. Its mission is to provide free medical support to those effected by poverty, conflict or disaster and meaningful experience to influence the development and personal growth of compassionate acupuncture practitioners.

Thank you for your support.

TAX ID: 26-3335265

AcupunctureReliefProject.org

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